

# NORMAL, HEALTHY ADULTS NEEDED FOR RESEARCH STUDY

The purpose of the study is to compare the gut bacteria of typically developing adolescents/adults (with or without gut problems) with the gut bacteria of adolescents/adults with autism. The purpose of this study is to help us better learn how to help adolescents/adults with autism.

## **Your study participation will be 2 weeks in length and involve:**

- › Completion of a medical history form, a diet form, a gastrointestinal symptoms form, and a social skills form (25 minutes).
- › Completion of a daily stool record for two weeks (1 minute/day).
- › Collection of a single stool sample and urine sample at home.
- › A blood draw (approximately 2.5 tablespoons) and a cheek swab at a doctor's office.

## **You will receive \$125 Visa Gift Card at the end of your participation**

### **Inclusion/Exclusion:**

- › 18+ Years old
- › No probiotics or antibiotics in the last 3 months
- › No single gene disorders (Fragile X. etc)
- › No severe Gastrointestinal issues that are life threatening
- › No diagnosed mental disorders, including autism spectrum disorders, ADHD, depression, anxiety, etc.
- › No first degree relatives of individuals with ASD (no siblings, parents, or children)

