Resources

Non-Discrimination and Anti-Harassment Policy

The University of Arizona is committed to fostering a working and learning environment free from all forms of discrimination, including harassment. The University prohibits discrimination in its programs and activities on the basis of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, or gender identity and is committed to maintaining an environment free from sexual harassment and retaliation.

http://policy.arizona.edu/human-resources/nondiscrimination-and-anti-harassment-policy

Phoenix

The Professional Resource Office (the Office) at UA COM-Phoenix provides guidance, support and information to students on professionalism issues.

- Serves as a resource—a safe place where students can come to raise, discuss and navigate professionalism concerns as well as identify examples of exemplary professional practices.
- Provides information and outreach to strengthen communications and conflict management skills and other professional practices.

The Office is one of the many resources the College of Medicine – Phoenix provides its students to address professionalism issues, including the Office of Student Affairs, student wellness programs, and curricular debriefing sessions. The Office is not an office of record for the purpose of receiving formal complaints on behalf of students. Contact Beth Schermer, JD at schermer@email.arizona.edu, 602-549-9847 or Rosemarie Christofolo, JD, rchristofolo@email.arizona.edu, 480-862-4963

LGBTQ in Medicine

LGBTQ in Medicine serves as COM-Phoenix’s connection to the LGBTQ community in Phoenix. With a focus on LGBTQ health and social issues, it seeks to foster a welcoming, supportive environment for COM-Phoenix students and offer education about the health issues and difficulties affecting LGBTQ individuals, their families, and communities. LGBTQ is dedicated to keeping the student body informed about issues surrounding the LGBTQ community by hosting social events, guest speakers, patient panels, and connecting students with LGBTQ events and service opportunities throughout the Valley. LGBTQ in Medicine is open to all students interested in learning more about the LGBTQ community and does not exclude participation of any individual based on race, ethnicity, national origin, age, sex, disability, religion, sexual orientation, or gender identity.
LGBTQ Consortium
http://www.lgbtqconsortium.com/
The Mission of the Consortium is “to work collaboratively to develop and sustain a healthy LGBTQ community in Arizona.” The Consortium reaches out to the LGBTQ and behavioral health communities of Maricopa County and other parts of the state to engage in dialogue centered on these issues. Building their capacity to 60+ organizations and individuals, the Consortium values heavily active participation from communities to ensure equal representation from all walks of life and perspectives.

Parents, Families and Friends of Lesbians and Gays (PFLAG)
(602) 843-1404 (Helpline)
www.pflagphoenix.org
PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education, and advocacy. PFLAG provides opportunity to dialogue about sexual orientation and gender identities, and acts to create a society that is healthy and respectful of human diversity. Phone line is confidential.

Gay Lesbian Straight Education Network (GLSEN)
http://glsen.org/chapters/phoenix
(602)705-9780
GLSEN is the leading national education organization focused on ensuring safe schools for all students. Established in 1990, GLSEN envisions a world in which every child learns to respect and accept all people, regardless of sexual orientation or gender identity/expression. GLSEN seeks to develop school climates where difference is valued for the positive contribution it makes to creating a more vibrant and diverse community.

Southwest Center for HIV/AIDS
https://swhiv.org/
(602) 307-5330
Southwest Center for HIV/AIDS is a research and resource center based in Phoenix, Arizona. It is the largest clinical trial, education, behavioral health and nutrition support center dedicated to fighting HIV and AIDS in the Southwestern United States. The Center’s vision, “leading the fight against HIV and AIDS” is carried out through its mission of reducing infection, improving quality of life and contributing to worldwide research. Southwest Center for HIV/AIDS provides services in a nurturing environment:

Greater Phoenix Gay & Lesbian Chamber of Commerce
phoenixgaychamber.com
(480) 748-6681
The Greater Phoenix Gay & Lesbian Chamber of Commerce provides an inclusive business environment by fostering growth, visibility, outreach and professional development opportunities within the LGBT and allied communities. As the oldest, longest standing, non-profit LGBT Chamber of Commerce in the nation, GPGLLCC boasts one of the nation’s few local business equality indices.
Phoenix Pride LGBT Center
Phoenixpridelgbtcenter.org
(602) 712-0111
Its primary focus is to be a resource for, and to educate the LGBTQ community. The Center has a variety of services, resources and programs that are open to all. It offers support groups, wellness services, education, health, resource materials and more. Programs and services are facilitated by experts, enthusiasts and volunteers alike.

One n ten
onenten.org/
(602) 400-2601 (administrative office)
one•n•ten is a not-for-profit organization dedicated to serving and assisting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth from 14 to 24. It creates a safe space, mentally and physically, for youth of all socio-economic and cultural backgrounds; and offer resources for healthy living and making healthy choices, as well as social networking opportunities appropriate for developing leadership skills and having fun. It is committed to working in collaboration with other Valley and national organizations that helps teens including, homeless shelters, suicide prevention crisis lines (some by teens for teens), Youth at Risk, Concilio Latino de Salud, Teen Lifeline, Peer Solutions, Gay/Straight Alliances, GLSEN, Southwest Center for HIV/AIDS and the Native American Community Health Center.

Equality Arizona
equalityarizona.org
(602) 650-0900
Equality Arizona is Arizona’s only statewide LGBT civil rights organization working to secure, protect and defend the rights and welfare of lesbian, gay, bisexual and transgender (LGBT) people in Arizona. We envision an Arizona where everyone feels at home: living in families and communities where equality, diversity and inclusiveness are universally valued; and where government protects all people and responds to their needs, regardless of sexual orientation and gender identity or expression.

Teen Lifeline
teenlifeline.org
(602) 248-8336
1-800-248-8336
The heart of Teen Lifeline is its Peer Counseling Hotline which provides troubled youth the opportunity to access immediate help from a Peer Counselor seven days a week, 365 days a year. Teen Lifeline's services extend statewide.

ONE Community
https://www.onecommunity.co/
Since 2008, ONE Community has evolved into member-based coalition of socially responsible businesses, organizations and individuals who support and promote diversity, inclusion and equality for all Arizonans. In February 2013, ONE Community launched the UNITY Pledge a concerted effort by Arizona businesses and individuals to advance workplace equality and equal treatment in housing and public accommodations for Lesbian, Gay, Bisexual, and Transgender (LGBTQ) individuals and their allies. The business community and like-minded individuals understand that if we want to compete for top talent, we must have diverse and inclusive workplaces.
In February 2014, SB1062 began making headlines. ONE Community was in a unique position to reach out to the businesses, organizations and individuals who had signed the UNITY Pledge and encouraged them to share what they know – discrimination is bad for business and bad for the State of Arizona.

Arizona Trans Youth Parent Organization
http://aztypo.org/
AZTYPO was created to ensure all our children are respected and valued for who they are. AZTYPO’s Mission is to support the families and friends of transgender children by building a safe space to share our hopes and dreams, our challenges and successes, and by educating our community to ensure that our kids thrive.
University of Arizona - Tucson

LGBTQ Affairs
lgbtq.arizona.edu
(520) 626-1996
The Office of LGBTQ Affairs works to build, sustain and strengthen a safe, inclusive, and open environment for faculty, staff, appointed professionals, students, and alumni of all gender identities and sexual orientations. Has a listserv and newsletter to announce news and events; hosts a variety of events throughout the year including Rainbow Graduation.

Institute for LGBT Studies
lgbt.arizona.edu
(520) 626-3431
lgbs@email.arizona.edu
The mission of the University of Arizona Institute for Lesbian, Gay, Bisexual, and Transgender Studies is to educate the citizens of Arizona by developing curriculum, promoting research, and presenting public programming addressing the histories, politics, and cultures of gay, lesbian, bisexual, and transgender people and the diverse scholarship on sexuality. Has a listserv to announce events.

OUTReach
out.web.arizona.edu/
OUTReach is an advocacy and networking organization for LGBT faculty, staff & graduate students at the University of Arizona. The goal of OUTReach is to achieve a campus climate which fosters the careers of LGBT faculty and academic professionals and the education of LGBT students. Has a listserv to facilitate communication among members.

Campus Health
www.health.arizona.edu/
(520) 621-6490
The Campus Health Service has provided convenient, quality medical care for over 90 years to all UofA students enrolled in at least one unit of academic credit. Services include urgent care, general medicine, counseling and psychological services, pharmacy, laboratory, x-ray, women’s health, physical therapy, nutrition counseling, acupuncture, massage, health promotion and preventives services. No insurance required.

Wildcat Pride (LGBTQA Alumni Club)
http://arizonaalumni.com/club/wildcat-pride-%E2%80%93-lgbtqa-alumni-club
dm3@email.arizona.edu
The PrideCats Alumni Club engages alumni, faculty, staff, students and allies to support LGBT scholarships, programs, and research at the UA. By building a nationwide membership at various LGBT events and one-on-one connections, we are beginning an endowment that will support UA students who are experiencing hardships while "coming out" at the UA and to support research done at the UA by LGBT scholars and on issues addressing our community.
Office of Institutional Equity

equity.arizona.edu/
(520) 621-9449
We lead efforts to promote equity and opportunity, create spaces for meaningful conversations, strengthen relationships across diverse groups, and help build an inclusive learning and work environment for all members of the University community. You can file a formal complaint of discrimination with OIE within 180 days of the most recent incident of discrimination. You can also contact the OIE anonymously if you would like to receive information or ask questions.

Ethics and Compliance Hotline
(866) 364-1908
The UA Ethics and Compliance Hotline program provides a new reporting mechanism and enhances existing programs on campus. The program assures that employees, guests, students or members of the general public having concerns about perceived ethics and compliance violations can express their concerns to a non-University party anonymously and have those concerns addressed by the appropriate University officer or unit. However, the hotline should not be used to report emergencies, crimes or situations placing the caller or someone else in imminent danger. These activities should be reported immediately to The University of Arizona Police Department (UAPD) by dialing 911 on campus.

Student Organizations - Tucson

Pride Alliance
pride.asua.arizona.edu
masuapride@gmail.com
ASUA’s Pride Alliance strives to maintain a drop-in resource center that offers a supportive social and academic environment for LGBTQ, as well as allied students at the University of Arizona. Pride Alliance is committed to fostering a safe environment in the surrounding community so that LGBTQA students can thrive at the U of A. Pride Alliance is located in room 404 of the Student Union inside the Center for Student Involvement and Leadership and holds weekly meetings. Come by anytime & get involved!

Delta Lambda Phi
University of Arizona Chapter: dlp.org/omega/
National Website: dlp.org
Delta Lambda Phi is a national social fraternity for gay, bisexual, and progressive gentlemen. As a progressive social fraternity, its purpose is to (1) promote dignified and purposeful social service, and recreational activities for progressive men, (2) to lead in determining the rights and privileges of individuals in society, and (3) to present a strong and positive image which respects diversity of all individuals, irrespective of sexual orientation.

Gamma Rho Lambda
National Website: gammarholambda.org
Gamma Rho Lambda is an all-inclusive women’s social sorority exemplifying the qualities of tolerance, diversity, unity, and trust, which provides a network of assistance in the areas of scholastic guidance, emotional support, and community service while ultimately developing the lifelong bonds of sisterhood.
oSTEM (Out in Science, Technology, Engineering and Mathematics) is an organization that facilitates greater involvement and leadership of the LGBT*QQIAAP community in the sciences. Specifically, the organization's mission is to (1) educate, empower, and engage a diverse community (2) identify, address, and advocate for the needs of queer students in the STEM fields and (3) fulfill these needs through reciprocal mentorships, networking, and professional development opportunities.

Gay/Straight Medical Student Alliance (MedPride)
medpride@gmail.com
MedPride promotes awareness of and sensitivity to LGBTQ issues in healthcare, including topics that affect LGBTQ patients, medical students, residents, physicians and their allies. Please email us for more information or to become involved.

Pride Law
arizonapridelaw@gmail.com
The Pride Law Alliance works to improve the legal status of lesbian, gay, bisexual and transgender (LGBT) people. Membership is open to all students in the College of Law. Pride Law Alliance provides information and referral for persons having legal problems related to LGBT issues. Members often volunteer to assist lawyers who are handling cases of interest. Pride Law Alliance also provides guest speakers and forums at the College of Law for the benefit and education of the students and faculty.
GLBT National Help Center
National Helpline: 1-888-843-4564
GLBT National Youth Talkline: 1-800-246-PRIDE (7743)
http://glnh.org/
The GLBT National Help Center is dedicated to meeting the needs of the GLBT community and those questioning their sexual orientation or gender identity. The Help center provides free and confidential telephone and e-mail peer counseling, information and local resources for gay, lesbian, bisexual, transgender and questioning callers throughout the United States.

Trans Lifeline
1-877-565-8860
http://www.translifeline.org
Trans Lifeline is a non-profit dedicated to the wellbeing of transgender people. They run a hotline staffed by transgender people for transgender people experiencing a crisis. This is a free helpline run by volunteers.

Trans Advisory Hotline of America
1-877-427-3230
Trans Advisory Hotline of America provides peer support, information, direction, and referrals from 6:00am to 11:00pm CST, 7 days a week. Voice mail other hours—return calls are done the next morning.

National Black Justice Coalition
http://nbjc.org/
(202) 319-1552
The National Black Justice Coalition (NBJC) is a civil rights organization dedicated to empowering Black lesbian, gay, bisexual and transgender (LGBT) people. NBJC’s mission is to end racism and homophobia. As America’s leading national Black LGBT civil rights organization focused on federal public policy, NBJC has accepted the charge to lead Black families in strengthening the bonds and bridging the gaps between the movements for racial justice and LGBT equality.
American Institute of Bisexuality
bisexual.org
The American Institute of Bisexuality encourages, supports and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness and understanding about bisexuality.

The Intersex Society of North America
isna.org
The Intersex Society of North America is devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female.

BiNET USA
binetusa.org
1-800-585-9368
BiNET USA is an umbrella organization and voice for bisexual, pansexual, fluid, queer-identified and all other of us "somewhere in between" people. BiNet USA facilitates the development of a cohesive network of independent bisexual and bi-friendly communities; promotes bisexual, pansexual and bi-inclusive visibility; and collects and distributes educational information regarding sexual orientation and gender identity with an emphasis on the bisexual and pansexual and allied communities.

Gay Friendly Biz
gayfriendlybiz.com
GayFriendlyBiz.com was founded in 2005 as a resource to connect the GLBT community with businesses, organizations and professionals that are either gay and lesbian owned or supportive of GLBT issues and causes. We believe in supporting those that are supportive of our issues such as equality of opportunity in marriage, employment, benefits, housing and all other aspects of life.

Campus PrideNet
campuspride.org
Campus PrideNet represents the only national organization for student leaders and campus groups working to create a safer college environment for LGBT students. The online site contains helpful articles on preparing for college, Gay Point Average rankings for campuses, an updated, exhaustive list of scholarship and financial assistance information and a dean’s list to meet other LGBT students across the country. In addition, the site also offers channels and resources for various LGBT and ally advocacy, support and leadership issues.

Children of Lesbians and Gays Everywhere (COLAGE)
colage.org
Children of Lesbians and Gays Everywhere (COLAGE) is a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parent/s. They build community and work toward social justice through youth empowerment, leadership development, education, and advocacy.
Deaf Queers

deafqueer.org
Deaf Queers is a national resource and information center for, by and about the Deaf Lesbian, Gay, Bisexual, Transgender, Transsexual, Intersex and Questioning communities.

Rainbow Alliance of the Deaf

http://www.deafrad.org
The Rainbow Alliance of the Deaf (RAD) is a nonprofit organization established in 1977. The purpose of this Alliance is to establish and maintain a society of Deaf Gays and Lesbians to encourage and promote the educational, economical, and social welfare; to foster fellowship; to defend our rights; and advance our interests as Deaf Gay and Lesbian citizens concerning social justice; to build up an organization in which all worthy members may participate in the discussion of practical problems and solutions related to their social welfare. RAD has over twenty chapters in the United States and Canada.

Building Bridges

https://www.pridesource.com/article.html?article=24236
The Disability Rights communities and the Lesbian, Gay, Bisexual, and Transgender (LGBT) communities have many similarities and differences. First and foremost, there are members of each in both communities. The Michigan Disability Rights Coalition (MDRC), with the generous support of the ARCUS foundation, defines the moment as now for these two communities to come together to Build bridges, close gaps, join forces, reach out and find common ground.

Gay & Lesbian Alliance Against Defamation (GLAAD)

glaad.org
The Gay & Lesbian Alliance Against Defamation (GLAAD) ensures media images of LGBT people are fair, accurate, and inclusive. This includes news coverage, television series, and even portrayals of gay characters on the silver screen. GLAAD launches various public awareness campaigns in the media, such as the “Be an Ally & a Friend” series of television commercials for outreach to LGBT youth and straight allies.

The Human Rights Campaign (HRC)

hrc.org
(202) 628-4160
The Human Rights Campaign (HRC) is America’s largest civil rights organization working to achieve lesbian, gay, bisexual and transgender (LGBT) equality.

Just Say Yes

positive.org/JustSayYes/index.html
Just Say Yes is a grassroots activist organization that creates positive talk about sex & coming out. Just Say Yes is about having a positive attitude towards sexuality—gay, straight, bisexual or whatever. It's about saying "yes" to sex you do want, and "no" to sex you don't.
Lambda Legal Defense & Education Fund

Lambda Legal Defense & Education Fund engages in impact litigation, education and public policy work to achieve full recognition of the civil rights of LGBT people and people with HIV or AIDS. Lambda Legal supports colleges and universities with legal issues and educational outreach efforts such as advocacy for campus policies inclusive of sexual orientation and gender identity/expression.

The Lambda 10 Project

The Lambda 10 Project provides LGBT and ally resources nationally to college fraternities and sororities in an effort to create visibility and education for LGBT issues. Online the Website shares valuable resources geared to LGBT students wanting to participate in Greek life—from rushing openly gay to coming out in the fraternity closet. The site also offers a list of current LGBT-sensitive fraternal organizations and a Who’s Out List to contact men and women who are openly LGBT in Greek Life.

LGBTQ Architect

The LGBTQ Architect is a grass-roots, open-content project designed to provide immediately useable information and resources for creating and improving programs which support lesbian, gay, bisexual, transgender, queer and ally (LGBTQA) people on college and university campuses.

The Matthew Shepard Foundation

The Matthew Shepard Foundation provides support for diversity programs in education and helps youth organizations establish environments where young people can feel safe and be themselves. Online resources include reading materials, videos, educational materials, and regional events. There are also links to LGBT-sensitive homeless shelters, drop-in centers, local PFLAG organizations, and LGBT counselors.

National Center for Lesbian Rights

The National Center for Lesbian Rights is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, public policy advocacy, and public education.

National Coming Out Day

National Coming Out Day is part of the Human Rights Campaign and it is celebrated every October 11.

National Consortium of Directors of LGBT Resources in Higher Education

The National Consortium of LGBT Resources in Higher Education works to achieve higher education environments in which lesbian, gay, bisexual, and transgender students, faculty, staff, administrators, and alumni have equity in every respect. The organization supports professional staff of LGBT office/centers and advocates for policy change, program development, and establishment of LGBT office/centers. There are valuable Frequently Asked Questions (FAQs) as well as a listing of all the campuses with professionally staffed LGBT office/centers available online.
The National Gay and Lesbian Task Force (NGLTF) was the first national LGBT civil rights and advocacy organization in the country. The organization has tremendous grass-roots political resources and hosts the annual Creating Change Conference for LGBT and ally activists. In 2003, NGLTF published a national campus climate study, which documents experiences and perceptions of anti-LGBT bias and harassment, along with levels of institutional support for LGBT people.

National Organization for Women (NOW)

The National Organization for Women (NOW) is committed to fighting discrimination based on sexual orientation or gender identity in all areas, including employment, housing, public accommodations, health services, child custody and military policies. NOW is committed to educational efforts that combat the adverse effects of homophobia, promote positive images in the media and ultimately ensure civil rights protection for all. NOW asserts the right of lesbians to live their lives with dignity and security, and the rights of equal marriage for all.

The Point Foundation

The Point Foundation provides financial support, mentoring, and hope to meritorious students who are marginalized due to sexual orientation, gender expression, or gender identity. The application process is open to all LGBT students nationwide regardless of level of education. Students may apply online to a variety of scholarships including the mtvU and the Matthew Shepard Foundation awards.

Transgender Law and Policy Institute

The Transgender Law and Policy Institute engages in effective advocacy for transgender people and works on law and policy initiatives designed to advance transgender equality. The organization maintains a list of colleges and universities with “gender identity or expression” in their nondiscrimination policies online.

International

NAFSA: Association of International Educators Rainbow Special Interest Group

The Rainbow SIG is comprised of diverse members of NAFSA whose goals are to counsel international students and study abroad students who are gay, lesbian, bisexual or transgendered; to support gay, lesbian, bisexual and transgendered professionals in international education; to combat homophobia, heterosexism and transphobia within NAFSA.

InterPride

InterPride is an international association for organizations that produce Pride Events around the world. Member organizations are dedicated to producing Pride events for the global Lesbian, Gay, Bisexual, Transgender, Intersex (LGBTI) community.
Transgender Students Handout
http://www.rainbowsig.org/international-students/
This handout poses questions that transgender international students might ask. Also includes useful scenarios.

OutRight Action
(formerly known as the International Gay & Lesbian Human Rights Commission)
https://www.outrightinternational.org/
OutRight is an international human rights advocacy commission dedicated to developing human rights movements globally. Their website features information about issues in countries worldwide.

GayCities Travelers Guide
http://www.gaycities.com/
This website is dedicated to helping gay and lesbian travelers find up-to-date information on gay-friendly resources in cities across the globe. May be useful to students who intend to study abroad, as well as to international students returning to their home countries.

Immigration Equality
immigrationequality.org
Immigration Equality is a national organization fighting for equality under U.S. immigration law for lesbian, gay, bisexual, transgender, and HIV-positive individuals. They have a booklet on Sexual Orientation and Immigration that was published by the Lesbian and Gay Immigration Rights Task Force to inform both immigrants and non-immigrant visa holders of their rights in the US.
Resources on Video

There are many videos that provide education and entertainment that is focused on LGBTQ issues. Local libraries are among the best locations to find these movies. This is not a comprehensive list. Be sure to preview any movie before showing it for educational purposes.

**LESBIAN THEMES**
A Woman’s Place
Bar Girls
Boys on the Side
Claire of the Moon
Chutney Popcorn
Desert Hearts
Dyke Dreams
Go Fish
If These Walls Could Talk 2
Making it Last – A Lesbian Guide to Safer Sex
Meeting Magdalene
Personal Best
The Incredibly True Adventures of Two Girls in Love
Well, Sexy Woman

**BISEXUAL THEMES**
French Twist
Sirens
Threesome

**TRANSGENDER THEMES**
Boys Don’t Cry
Hedwig and the Angry Inch
Ma Vie En Rose
Southern Comfort

**COMING OUT TO FAMILY THEMES**
Always My Kid
Consenting Adults
Doing Time on Maple Drive
Queer Son – A Family’s Journey to Understanding and Love
That Certain Summer
The Families We Choose
Two in Twenty

**MAINSTREAM LGBTQ FILMS**
All Over the Guy
And the Band Played On
As Good As It Gets
Beautiful Thing
Bent
Big Eden
Billy’s Hollywood Screen Kiss
Edge of Seventeen
Get Real
Higher Learning
Jeffrey
Kiss of the Spider Woman
Longtime Companion
Love! Valour! Compassion!
My Own Private Idaho
Priest
Queer As Folk
Relax… It’s Just Sex
Six Degrees of Separation
Stonewall
Armistead Maupin’s Tales from the City
Armistead Maupin’s More Tales from the City
Armistead Maupin’s Further Tales from the City
The Adventures of Priscilla, Queen of the Desert
The Birdcage
The Boys in the Band
The Broken Hearts Club
The Lost Languages of Cranes
The Twilight of the Golds
To Wong Foo, Thanks for Everything! Julie Newmar
Torch Song Trilogy
Trick

**POLITICAL/HISTORICAL THEMES**
Homophobia in the Workplace
Lavender Lens - 100 Years of Celluloid Queers
Mad Elephant - 1992 Republican Convention
Serving in Silence
The Best Defense - Surviving the Street
The Celluloid Closet
The Life and Times of Harvey Milk
Bent
Kinsey

**HIV & AIDS RELATED**
As Is
Common Threads
Gay Men’s Guide to Safer Sex
HIV Survival Guide
Living Proof: HIV & The Pursuit of Happiness
Positive 20’s
### Single Stall/Gender Neutral Restrooms
#### Phoenix Biomedical Campus
#### Health Science Education Building

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<thead>
<tr>
<th>LOCATION</th>
<th>NUMBER OF RESTROOMS</th>
<th>ACCESSIBILITY</th>
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<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; Floor</td>
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<td>Primary&lt;br&gt;Open to public</td>
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<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Floor – Library</td>
<td>2</td>
<td>Primary&lt;br&gt;Accessible 8am – 9 pm week days and 9am – 5 pm weekends&lt;br&gt;Staff, Students, Faculty</td>
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<td>3&lt;sup&gt;rd&lt;/sup&gt; Floor – Center for Clinical Skills and Assessment</td>
<td>2</td>
<td>Be respectful of the center space and use discretion when an event or classes are in session&lt;br&gt;Staff, Students, Faculty</td>
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<td>5&lt;sup&gt;th&lt;/sup&gt; Floor</td>
<td>1</td>
<td>Staff, Students, Faculty&lt;br&gt;Near Conference Room C527 (across walkway)</td>
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Total of 8
Answers to Commonly Asked Ally Questions

What should I do if I think someone is LGBTQ, but they haven’t told me?
The best approach is to create an atmosphere where that individual can feel comfortable coming out to you. You can do this by making sure that you are open and approachable and by giving indications that you are comfortable with this topic and are supportive of LGBTQ concerns. If the people are already out to themselves, and they feel that you are worthy of their trust, then they may tell you. If the person seems to be in conflict about something, it may or may not be because of their sexuality. In this case, it is best simply to make sure that they know you are there if they need to talk. Remember, they may not have told you because they don’t want you to know.

How do I make myself more approachable to people who are LGBTQ?
Demonstrate that you are comfortable with topics related to sexual orientation and gender identity. Be sensitive to the assumptions you make about people—try not to assume that everyone you interact with is heterosexual, that they have a partner of a different gender, etc. Try to use inclusive language, such as by avoiding the use of pronouns that assume the gender of someone’s partner or friends. Be a role model by confronting others who make homophobic jokes or remarks. Become knowledgeable about LGBTQ concerns by reading books and attending meetings and activities sponsored by LGBTQ organizations.

What kinds of things might a person who is LBTQ go through when coming out?
Because of the difficulty of growing up in a largely homophobic society, people who are LGBTQ may experience guilt, isolation, depression, suicidal feelings, and low self-esteem. As LGBTQ people become more in touch with their sexual orientation and/or gender identity, they may experience any number of these thoughts and feelings to some degree.

On the positive side, coming out can be an extremely liberating, positive experience, as LGBTQ people learn who they are, gain respect for themselves, and find friends to relate to. Coming out to others can be an anxious process, as the individual worries about rejection, ridicule, and the possible loss of family, friends, religion, and employment. For students, school life is already stress filled, and adding the process of grappling with one’s sexual orientation and gender identity to that mix can be overwhelming for some.

If someone wants advice on what to tell friends or family about being LGBTQ, how can I help?
Remember that individuals must decide for themselves when and to whom they will reveal their sexual orientation and gender identity. Don’t tell someone to take any particular action; the person could hold you responsible if it doesn’t go well. Do listen carefully, reflect on the concerns and feelings you hear expressed, and suggest available resources for support. Help the person think through the possible outcomes of coming out. Support the person’s decision even if you don’t agree with it, and ask about the outcomes of any action taken.

1 Adapted from the Northern Illinois University Safe Zone Program
How should I respond to rumors that someone is LGBTQ?
Let others know that the sexual orientation or gender identity of any individual is irrelevant unless that person wishes to disclose that information. If you can, address any myths or stereotypes that may be fueling such speculation. If a particular person continues to spread rumors, talk to that person individually.

How can I get others to be more open-minded about LGBTQ people?
Be a role model for others by being open and visible in your support. Share your beliefs with others, when appropriate. When LGBTQ topics come up, talk about them, don’t simply avoid them. Show that you are comfortable talking about these issues, and comfortable with LGBTQ people. Remember that part of your goal as an ally is to create bridges across differences and to increase understanding. While you may be motivated to share your views with others, be careful of being self-righteous; others can’t learn from you if they are turned off from listening to begin with. Of course, your views are more convincing if they are supported by sound knowledge. Take the time to educate yourself so that you know what you are talking about.

How can I respond when someone tells a homophobic joke?
Many people believe that jokes are harmless and get upset by what they perceive as the “politically correct” attitudes of those who are offended by inappropriate humor. Labeling a belief as “politically correct” is a subtle way of supporting the status quo and resisting change.

Most people who tell jokes about an oppressed group have never thought about how those jokes perpetuate stereotypes, or how they teach and reinforce prejudice. Someone who tells jokes about LGBTQ people probably assumes that everyone present is heterosexual, or at least that everyone shares their negative attitudes toward LGBTQ people. However, most people do not tell jokes to purposefully hurt or embarrass others, and will stop if they realize this is the effect.

Responding assertively in these situations is difficult, but not responding at all sends a silent message of agreement. No response is the equivalent of condoning the telling of such jokes. In some instances, the inappropriateness of the joke could be mentioned at the time. In other situations, the person could be taken aside afterward. Try to communicate your concerns about the joke with respect, and without shaming the person.
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