

Counseling Resources

Crisis Counseling and Wellness Check

- 24/7 TEXT LINE: **741741**
 - May incur charges with some phone carriers, T mobile)
- EMPACT 24-hour Crisis hotline: **480.784.1500**
 - Sexual assault or domestic violence: **480.736.4949**
- Suicide Prevention Lifeline: **1.800.273.8255**
- Terros Crisis: **602.222.9444**
- Police Welfare Check: **911**

UA COMP Medical Student Counseling Resources

- ASU Counseling Services
 - Website: <https://eoss.asu.edu/counseling>
 - Downtown Campus: Historic Post Office Building
522 N. Central Ave., Suite 208, Phoenix, AZ 85004
602.496.1155
- Dr. Laura Huser or Dr. Katy Fielder
 - <http://phoenixmed.arizona.edu/student-health-services-counseling-services>
 - **4424 N. 24th St., Suite 250, Phoenix, AZ 85016**
 - **602.604.9440; 602.663.9205 (LH Cell); 602.758.2710 (KF Cell)**

Additional Counseling Resources/Therapist Training Sites

- ASU Counseling Services
 - Website: <https://eoss.asu.edu/counseling>
 - Tempe
 - Student Services Bldg., Rm 334
1151 S. Forest Ave., Tempe, AZ 85287
480.965.6146
After hours: EMPACT/ASU-dedicated line: **480-931-1006**

- Fuller Arizona Center for Therapy
 - Website:
<https://m.facebook.com/fullerarizona/posts/10155389317551637>
 - Phone: **602.220.0400, Ext. 108**
 - 1110 E. Missouri Ave. #530, Phoenix, AZ 85014

- Phoenix Professional Practice Associates
 - Website: www.pppassociates.com
 - Phone: **602.462.1115**/email: office@pppassociates.com
 - 810 N. 6th Ave., Phoenix, AZ 85003

National and State Mental Health Resources

- NAMI (National Alliance for Mental Illness)
 - Website: <http://www.namiarizona.org> (AZ State)
 - **480.994.4407**
 - Maricopa/Phoenix: www.namivalleyofthesun.org
 - **602.244.8166**
 - **Family support groups**

Employee Assistance Program (EAP) Resources

- Contact employer for name/contact information for Employee Assistance program; also available to family members of employees