Counseling Resources

Crisis Counseling and Wellness Check

- 24/7 TEXT LINE: 741741
  - May incur charges with some phone carriers, T mobile
- EMPACT 24-hour Crisis hotline: 480.784.1500
  - Sexual assault or domestic violence: 480.736.4949
- Suicide Prevention Lifeline: 1.800.273.8255
- Terros Crisis: 602.222.9444
- Police Welfare Check: 911

UA COMP Medical Student Counseling Resources

- ASU Counseling Services
  - Website: https://eoss.asu.edu/counseling
  - Downtown Campus: Historic Post Office Building
    522 N. Central Ave., Suite 208, Phoenix, AZ 85004
    602.496.1155
- Dr. Laura Huser or Dr. Katy Fielder
  - http://phoenixmed.arizona.edu/student-health-services-counseling-services
  - 4424 N. 24th St., Suite 250, Phoenix, AZ 85016
  - 602.604.9440; 602.663.9205 (LH Cell); 602.758.2710 (KF Cell)
Additional Counseling Resources/Therapist Training Sites

• ASU Counseling Services
  o Website: https://eoss.asu.edu/counseling
  o Tempe
    ▪ Student Services Bldg., Rm 334
      1151 S. Forest Ave., Tempe, AZ 85287
      **480.965.6146**
      After hours: EMPACT/ASU-dedicated line: **480-931-1006**

• Fuller Arizona Center for Therapy
  o Website: https://m.facebook.com/fullerarizona/posts/10155389317551637
  o Phone: **602.220.0400**, Ext. 108
  o 1110 E. Missouri Ave. #530, Phoenix, AZ 85014

• Phoenix Professional Practice Associates
  o Website: [www.pppassociates.com](http://www.pppassociates.com)
  o Phone: **602.462.1115**/email: [office@pppassociates.com](mailto:office@pppassociates.com)
  o 810 N. 6th Ave., Phoenix, AZ 85003
National and State Mental Health Resources

- NAMI (National Alliance for Mental Illness)
  - Website: [http://www.namiarizona.org](http://www.namiarizona.org) (AZ State)
    - 480.994.4407
  - Maricopa/Phoenix: [www.namivalleyofthesun.org](http://www.namivalleyofthesun.org)
    - 602.244.8166
  - Family support groups

Employee Assistance Program (EAP) Resources

- Contact employer for name/contact information for Employee Assistance program; also available to family members of employees