

Casey Example, MD

Banner – University Medical Group
1111 East McDowell Road
caseysmith@bannerhealth.com

Chronology of Education

- 1996-2000 University of Arizona
 Tucson, AZ
 Bachelor of Science in Biology
- 2001-2005 University of Arizona College of Medicine – Tucson
 Tucson, AZ
 Doctor of Medicine
- 2005-2008 Banner Good Samaritan Hospital
 Phoenix, AZ
 Family Medicine Residency
- 2007-2008 Banner Good Samaritan Hospital
 Phoenix, AZ
 Family Medicine Residency, Chief Resident

Board Certifications & Licenses

- 2008 Arizona Medical Board
 License: 12345
 Status: Active (renewed 2024)
- 2009 American Board of Family Medicine
 Status: Active (renewed 2019)

Professional Development

- 2016 University of Arizona College of Medicine – Phoenix
 Phoenix, AZ
 Faculty Development Fellowship

Chronology of Employment

- 2008-2019 Family Physician
 Desert Ridge Family Physicians
 Phoenix, AZ
- 2019-current Family Physician
 Banner – University Medical Group
 Phoenix, AZ
- 2020-2021 Site Director, Banner – University Medical Center Phoenix
 Family Medicine Clerkship
 University of Arizona College of Medicine – Phoenix

- 2021-2024 Co-director, Family Medicine Clerkship
University of Arizona College of Medicine – Phoenix
- 2023-current CBI Facilitator
University of Arizona College of Medicine – Phoenix

Academic Appointments

- 2019-current Assistant Clinical Professor
Department of Family, Community and Preventive Medicine
University of Arizona College of Medicine – Phoenix

Honors and Awards

Teaching Awards

- 2022 Faculty Inductee
Gold Humanism Honor Society
University of Arizona College of Medicine – Phoenix
- 2023 MS3 Educator of the Year
University of Arizona College of Medicine – Phoenix

Society Membership

- 2009-current American Academy of Family Physicians
2010-current Arizona Academy of Family Physicians
2015-current Arizona Medical Association
2019-current Society of Teachers of Family Medicine

Service/Outreach

Local/State Outreach

- 2016-2019 At-large Member, Board of Directors
Arizona Medical Association
- 2021-current Member, Public Health Committee
Arizona Medical Association
- 2022-current Volunteer
St. Vincent de Paul Medical Clinic

National/International Outreach

- 2019-2023 Member, Medical Education Committee
American Academy of Family Physicians
- 2024-current Member, Faculty Development Collaborative
Society of Teachers of Family Medicine

Department Committee(s)

2022-2023 Search Committee Member, Vice Chair, Research
Department of Family, Community and Preventive Medicine

College Committee(s)

2019-2023 Member, Curriculum Committee
University of Arizona College of Medicine – Phoenix

2023-current Member, Wellness Committee
University of Arizona College of Medicine – Phoenix

Publications/Creative Activity

Chapters in Scholarly Books and Monographs

1. Example, CH. (2021). The Evolving Role of Family Physicians in Mental Health Care. In L. N. Reed & P. O. Johnson (Eds.), *Family Medicine: A Multidisciplinary Approach* (pp. 89-105). Chicago, IL: Primary Care Press.
2. Example, CH, & Davis, K. L. (2022). Integrative Approaches to Managing Chronic Pain in Family Medicine. In S. R. Thompson & J. P. Martin (Eds.), *Comprehensive Family Medicine: Current Practices and Innovations* (pp. 145-162). New York, NY: Family Health Publishers.

Refereed Journal Articles

1. Example, CH, & Brown, T (2020). The Role of Family Physicians in Addressing Social Determinants of Health: A Qualitative Study. *Journal of Community Family Health*, 37(4), 201-210. doi:10.7890/jcfh.2020.3742
2. Lee, MT, & Example, CH. (2021). Integrating Mental Health Services in Primary Care: A Pilot Study. *Family Practice Review*, 38(2), 87-94. doi:10.5678/fpr.2021.0382
3. Smith, JA, & Example, CH (2022). The Impact of Telehealth on Chronic Disease Management in Rural Populations. *Journal of Family Medicine*, 45(3), 123-130. doi:10.1234/jfm.2022.0453
4. Example, CH, & Patel, AK (2023). Dietary Interventions and Their Effect on Hypertension in Family Medicine: A Systematic Review. *American Journal of Family Medicine*, 50(1), 45-59. doi:10.9101/ajfm.2023.0501

Other Scholarship

Abstracts

1. Example, CH, & Brown, DC (2020). Telemedicine in Pediatric Care: Family Physicians' Perspectives During the COVID-19 Pandemic. Abstract presented at the Family Medicine Annual Meeting, New Orleans, LA.
2. Example, CH, & Thompson, ER (2021). The Role of Family Physicians in Addressing Food Insecurity: Preliminary Findings from a Community-Based Initiative. Abstract presented at the Family Medicine Research Symposium, Seattle, WA.
3. Patel, RN, & Example, CH. (2022). Enhancing Diabetes Management through Group Visits: A Randomized Controlled Trial. Abstract presented at the National Conference on Family Health, San Francisco, CA.

4. Johnson, TM, & Example, CH. (2023). Assessing the Impact of Social Media on Patient Engagement in Family Medicine: A Cross-Sectional Study. Abstract presented at the Annual Family Medicine Conference, Chicago, IL.

Conference Proceedings

1. Example, CH. (2021). Community-Based Approaches to Managing Hypertension: Lessons Learned from a Pilot Program. *Proceedings of the Family Medicine Research Symposium*, pp. 78-83. Seattle, WA.
2. Example, CH. (2023). Innovations in Telehealth: Improving Access to Care for Underserved Populations. *Proceedings of the Annual Family Medicine Conference*, pp. 45-50. Chicago, IL.

Work in Progress

1. Example, CH. (in progress). Exploring the Impact of Patient Education on Self-Management of Chronic Conditions in Family Medicine. *Journal of Family Health Studies*.

Media

Expert Interviews

1. Example, CH. (2022). "Addressing Mental Health in Primary Care Settings." Featured interview on The Family Health Podcast. Available at [URL].
2. Example, CH. (2023). "The Importance of Preventive Care in Family Medicine." Interviewed by Sarah Johnson for Health Today Magazine. Retrieved from [URL].

Conferences/Scholarly Presentations

Seminars

1. Example, CH. (2021). "The Role of Family Medicine in Addressing Health Disparities: A Community Approach." *Proceedings of the Annual Family Health Seminar*, pp. 60-65. Denver, CO.
2. Example, CH. (2022). "Culturally Competent Care: Strategies for Enhancing Patient Engagement." *Seminar Proceedings from the National Family Medicine Forum*, pp. 88-93. Seattle, WA.

Symposia

1. Example, C. H. (2023). "Building Empathy: A Seminar on Patient-Centered Care for Medical Students." *Proceedings of the Family Medicine Student Symposium*, pp. 30-35. San Diego, CA.

Conferences

1. Example, CH. (2020). "Innovative Teaching Strategies for Family Medicine: Engaging the Next Generation of Physicians." *Proceedings of the Annual Medical Student Conference*, pp. 72-78. Boston, MA.
2. Example, CH. (2022). "Innovations in Chronic Disease Management: A Family Physician's Perspective." *Keynote address at the National Conference on Family Health*, Orlando, FL. (Invited)
3. Example, C. H. (2022). "Navigating Difficult Conversations: Communication Skills for Future

Family Physicians." *Seminar Proceedings from the National Family Medicine Conference*, pp. 88-92. Chicago, IL.

4. Example, CH. (2023). "Integrating Behavioral Health into Family Medicine: Challenges and Solutions." *Invited presentation at the Annual Family Medicine Conference*, Denver, CO. (Invited)

Awarded Grants and Contracts

Private Foundation

1. Example, C. H. (2023). "Enhancing Access to Preventive Care in Underserved Communities." Grant awarded by the *Health Equity Foundation*, \$150,000. Role: PI.

List of Collaborators and their Organizational Affiliations

1. Johnson, RA - Department of Family Medicine, University of Health Sciences
2. Nguyen, MT - Center for Community Health, Health Innovations Institute
3. Smith, LJ - Division of Public Health, State Health Department
4. Garcia, PR - Family Medicine Clinic, Urban Community Health Center
5. Chen, AK - Department of Psychiatry, Mental Health Research Foundation
6. Patel, RS - Office of Health Equity, National Health Alliance
7. Thompson, EJ - Institute for Family Health, Family Medicine University
8. Williams, KD - Department of Health Policy, University of Policy Studies