NORMAL, HEALTHY ADULTS NEEDED FOR RESEARCH STUDY

The purpose of the study is to compare the gut bacteria of typically developing adolescents/adults (with or without gut problems) with the gut bacteria of adolescents/adults with autism. The purpose of this study is to help us better learn how to help adolescents/adults with autism.

Your study participation will be 2 weeks in length and involve:

› Completion of a medical history form, a diet form, a gastrointestinal symptoms form, and a social skills form (25 minutes).
› Completion of a daily stool record for two weeks (1 minute/day).
› Collection of a single stool sample and urine sample at home.
› A blood draw (approximately 2.5 tablespoons) and a cheek swab at a doctor’s office.

You will receive $125 Visa Gift Card at the end of your participation.

Inclusion/Exclusion:

› 18+ Years old
› No probiotics or antibiotics in the last 3 months
› No single gene disorders (Fragile X, etc)
› No severe Gastrointestinal issues that are life threatening
› No diagnosed mental disorders, including autism spectrum disorders, ADHD, depression, anxiety, etc.
› No first degree relatives of individuals with ASD (no siblings, parents, or children)

For more information or to confirm eligibility, please contact Amanda Jensen at ajensen1@phoenixchildrens.com or (602) 933-2979.