



# THE DIFFERENTIAL

THE UNIVERSITY OF ARIZONA COM-PHOENIX STUDENT PUBLICATION

## Match Day 2021

### Letter from the Editors:

The University of Arizona College of Medicine—Phoenix has established a tradition of creative Match Day celebrations. Students have historically opened their envelopes amidst a storm of confetti and hundreds of balloons to the tune of festive music. The entire school participates adding to the sea of laughter, exclamations, and the cheers of family and friends which resound in the canyon. Last year, at the start of the pandemic, Match Day was cancelled in order to protect the safety of the students, their families, and our local community. This year, for similar reasons, match day will be livestreamed on the college's Facebook page at <https://www.facebook.com/UAZMEDPHX>. The sentiments of last year also apply this year--although this class also won't have the opportunity to celebrate their accomplishments in one place, their achievements will not go unnoticed. This class has taken their entire 4th year during the pandemic. They have faced additional hurdles, they have adapted, and managed to get through some of the most important parts of their careers when everything was uncertain. Today, their resiliency will allow them to continue to share their joy with their closest family members and friends, the very people who have supported and helped condition their resiliency. We would like all the graduating students to know that we, the students and faculty at this school, will be celebrating with you. We are excited and especially proud to witness this class continue forward in such uncertainty.

### On The Match:

The importance of The Match for a medical student cannot be understated. The Match determines an individual's residency, as well as their home for the next several years and the location at which they will soon spend a majority of waking hours. In honor of this, the school's Match Day committee spends countless hours planning a celebration, with a new theme for each class. Medical school is challenging, and the Match itself is a grueling process. After completing most of the required rotations of medical school, students participate in visiting student rotations at other programs, moving around the country for a month at a time to show off their clinical knowledge and practical skills in hopes of clinching a residency spot. This year, however, the pandemic did not let most, if not all, students participate in rotations across the country nor were they allowed to visit the institutions during their interviews. Much of Match seems to be up to chance and without having the ability to visit in-person, that certainty about where they could see themselves was further dampened. Residency applications are usually due in mid-September, after which students may be invited to interview at a select number of institutions. After interviews, students complete a rank list of residencies. Residency programs also create rank lists of students whom they have interviewed. The National Resident Matching Program (NRMP) uses an algorithm to assign students to residency programs based on the respective rankings of each. The Monday of Match Week is a nerve-wracking day as the NRMP notifies all students who have successfully matched by email but does not give information regarding specific placement. On the third Friday of March, Match Day, every medical student in the United States discovers where they'll be training for residency. This special issue of The Differential showcases the talents of current students, faculty, staff, and alumni and features some of our classmates participating in The Match this year. We eagerly anticipate the results of this year's Match and are incredibly proud of the accomplishments of the Class of 2021.

Congratulations to the Class of 2021! We wish you the best of luck in your future careers.

-Miranda Yousif MS1, Arjun Johal MS2, Kristina Yancey MS3, Luke Wohlford MS3, Dara Farhadi MS3



## PERSPECTIVES ON THE CLASS OF 2021



Congratulations Class of 2021!

When I first met you at the retreat, I noticed right away that your class was amazing. You bonded quickly proving that you were going to go through this journey together and support one another. Your class has proven its resiliency, dedication and focus through the challenges of the pandemic. You accepted changes that had to be made with grace and professionalism. Your commitment to taking care of patients and helping in any way you could was inspiring. You might say you are like chameleons, easy to adapt to different situations and conditions. Chameleons learn to adjust to the environment and blend in to create harmony. You've created this beautiful harmony that so many admire about you.

You are brilliant, compassionate, and comforting. Your nurturing spirit shows how deeply you care for others. I know each of you will make a difference in your patients' lives. I'm looking forward to working with you as alumni!

I love you and wish you much happiness and success!

*Kelly Lynch*

*Coordinator, Alumni and Student  
Engagement  
Match Day Committee*



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**ALUMNI PERSPECTIVE: BEYOND THE MATCH****BY: BRIDGET RALSTON, MD**

Match Day 2020 seems like it was both yesterday and a lifetime ago. The last year has been indescribable in so many ways. I never imagined that I would begin my medical career at the height of a global pandemic. One minute, I was a fourth-year medical student, enjoying my last few weeks of freedom. The next, I was an intern, frantically searching for the appropriate antibiotic for a post-op infection in a COVID-positive patient.

Intern year has been wild from start to finish. I now have an acute appreciation for experienced nurses, who have saved me countless times from having to explain an embarrassing mistake to an attending. There are days when I feel as though I know less than I did during medical school. There are other days when I am proud of the work that I accomplished, and that I am where I belong. Unfortunately, imposter syndrome does not go away once you start residency. I often feel like I am not smart, talented, or skilled enough. I watch my friends (virtually) celebrating promotions, making travel plans, enjoying happy hour, while I eat a bag of Ritz crackers in a windowless room in the hospital. At times like this, it is hard not to question the choice to pursue a career in medicine. And frankly, intern year sucks. No matter the field, this is a universal trope: everyone hates intern year.

However, even during the supposedly “worst” year of training, there are bright moments. My 94-year-old patient told me, as she was wheeled towards the elevators, that her plan upon arriving home was to sit on her porch, drink tea, and listen to the birds. She told me she has hope for the future, if the other young doctors in the hospital treat patients the way I treated her. There is an enormous sense of pride upon accomplishing a difficult task by yourself. The first time I successfully reduced a badly fractured wrist, I showed my husband a (HIPAA-compliant) picture of the post-reduction x-ray. He did not understand what he was looking at, but he was proud of me anyway.

Soon, there will be a new crop of interns in the hospital, and I will be a second-year resident. (I cannot wait!) At Match Day last year, there was a sense of fear of the unknown, not just because we were starting residency, but because we knew this pandemic was just beginning. In contrast, this year feels hopeful.

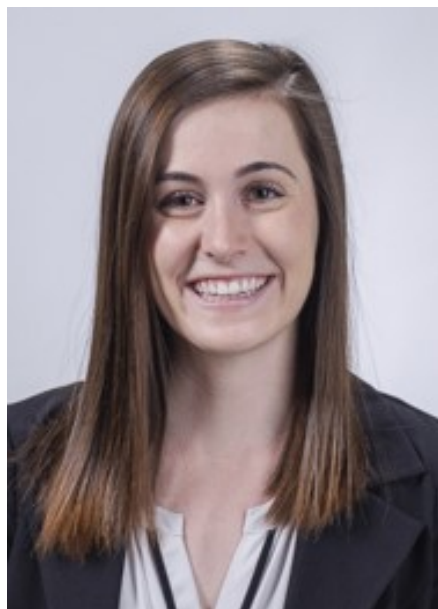
Class of 2021, congratulations! Matching into residency is a remarkable accomplishment! You are amazing individuals, and collectively, you are a force to be reckoned with. While the next several years will be challenging, you will find those shining moments that remind you why you chose medicine. I firmly believe that, while this path is long and arduous, it is worth the struggle. I am excited to see where you all have matched, and I hope to see some of you at Banner next year. Congratulations, again! You have earned this.



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## MATCH DAY REFLECTIONS

BY: JENNA KOBLINSKI, MS4



Class of 2021's Match Day... we are finally here! I will never forget attending Match as a first-year medical student. I saw the excitement and the tears of joy and thought I knew what it meant to match. However, I did not fathom what Match Day would truly mean to me and my classmates after completion of four years of medical school.

We have all come such a long way since first-year and I am so proud to call all of you my classmates and my future colleagues. I will never forget our first official medical school event—the retreat. I remember sitting in the HSEB lobby and seeing everyone carrying their pillows while hesitantly introducing themselves to one another. Now it is comical to remember everyone being so timid, but at the time I was more nervous than when I went to Girl Scout camp in second grade. We were all adults embarking on a new chapter of life and it was started off by spending a weekend in the woods together. Looking back, I would not have changed that weekend in any way as it bonded us quickly and strongly and made me excited (though still very nervous) to start medical school.

Our friendships continued to flourish throughout doctoring, anatomy, and CBI. However, I don't think anything will compare to the bond that was formed by rotating together during third or fourth year. For some experiences it fell more under the "misery loves company" category, but for others it was the fact that we were able to experience such unique and personal moments with one another. We spent countless duty hours together, and it is hard to reflect on a rotation without remembering your fellow medical student. I have often observed "reunions" between students who do not typically see one another outside of school, but who rotated together, and the reminiscing of their experiences is always so heartwarming (and oftentimes hilarious) to observe. Whether you are reflecting on sitting in the St. Joe's ED at 3 am with a classmate on your birthday or during a surgery passing the bowels to your excited peer, the connection between medical students is one that is not soon forgotten.

On the other hand, you cannot appropriately reflect on medical school without remembering the challenges. We have passed many milestones that once may have seemed impossible: block exams, OSCEs, clerkships, shelf exams, and, of course, boards. We have seen things go right and we have seen things go wrong. There is no denying we are on a difficult path. However, I think it is important to remember the incredible things that we have been able to be a part of during medical school, whether or not it is what we will be doing in our future careers. We are with people at their most vulnerable and it is a privilege that should not be taken lightly. We have delivered a child. We have been present for a cancer diagnosis. We were by a patient's side as they were being put under anesthesia for surgery. For some, we were the ones administering the anesthesia. We were able to see first-hand human anatomy and we were able to place sutures for an incision that would stay with the patient for the rest of their life. The list is infinite, and we are grateful to our patients, our residents, and our attendings for affording us the opportunity to learn from them.

I see gratitude given by my peers often, and it is without hesitation that I say I have been blessed to get to know some of the most amazing, caring, and smart individuals over the past four years. I know you will all be excellent physicians and I am excited to follow you on your journey. Congratulations!!

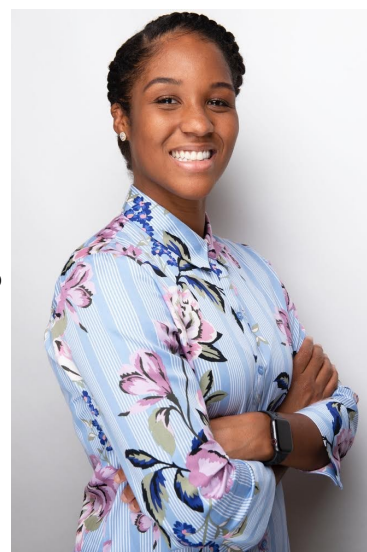


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**SPECIALTY SPOTLIGHT: Emergency Medicine/Pediatrics****Analissa Cox**

I knew that whatever I ended up doing in this life that I wanted to work with our often-forgotten populations. It was important that the skills I would gain allowed me to provide the best care for anyone, anywhere at any time. Initially, I came in thinking I would go into pediatrics and furthermore adolescent medicine which stemmed from my previous work as a high school teacher. I eventually learned that Emergency Medicine allowed me the flexibility to work with all ages using a very broad range of skills and knowledge. By mere accident I stumbled across the opportunity to train in both emergency medicine and pediatrics. It would allow for the ideal combination of training I was looking for. The reality is that there are only 9 positions open for this type of training in the country; however, training in EM and completing a pediatric fellowship would be a perfect alternative. I look forward to advancing in a career that allows me to work for and be accessible to those who need it most.

**SPECIALTY SPOTLIGHT: Interventional Radiology****Krichelle White**

When I chose radiology, I was initially drawn to the field because I love dark rooms (only kidding). I was actually initially drawn to it because it was the only specialty that truly encompassed everything I enjoyed within medicine. Radiology provides an opportunity to work with almost every patient in the hospital because who are we kidding, almost everyone gets imaged in some capacity. It is also a challenging and ever-evolving field that forces you to develop an immense breadth and depth of clinical knowledge and pathology. Lastly, one of my favorite aspects of the specialty is that it's a procedure powerhouse covering everything from lumbar punctures to utilizing cutting-edge technologies to treat various cancers. And that is just the tip of the iceberg! This field leaves a lasting impact while also improving the quality of life in our patients making it the perfect specialty for me. If I had to leave any advice for my classmates and future classes, it is to remember to always be kind to yourself, continue to advocate for your patients as well as your communities, and most importantly remember that you're never alone in this journey.

**SPECIALTY SPOTLIGHT: Psychiatry****Savion Smith**

Through my chosen specialty of psychiatry and the belief that people are a product of their environment, I look forward to being part of a pivotal intervention and support system to patients in need. By presenting topics such as the HPA axis and how excessive stress is related to glucocorticoid feedback dysregulation through downstream consequences, psychiatry provides an exciting perspective of the intersection between biology and psychosocial relationships. No matter what specialty you choose, your social interactions will have a direct impact on the psychiatric health of those around you, including your coworkers. Keeping this in mind, I consider the practice of psychiatry as more than a profession, but rather a way of life. I am grateful for the opportunities I have had at the University of Arizona COM-P, and am looking forward to my future in child and adolescent psychiatry.



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## SPECIALTY SPOTLIGHT: Obstetrics and Gynecology

### Bryce Munter

I had no interest in OB/Gyn prior to my third-year clerkship, but I fell in love with the diversity of each day and the unique relationship OB/Gyns develop with their patients. I also loved my surgery rotations and had a really hard time choosing between the two specialties. My biggest piece of advice would be to recognize your worth as a future physician and connect with mentors in your field who you trust and consider true friends. When discussing which path to choose with a mentor over wine, she asked me if I would rather wake up at 2am to deliver a baby after a complicated labor course, or to take out a gallbladder with unique, complicated anatomy. I would choose delivering a baby any day! I would also tell future residency applicants to choose a specialty you are genuinely passionate about, and all the extracurricular “work” required to be competitive will be easier and more fun. To my graduating class, we have made it through so many obstacles and we are finally here! Again, you all should recognize your worth and I know residency programs have recognized it too. Congratulations!



## SPECIALTY SPOTLIGHT: Physical Medicine & Rehabilitation

### Jaimie Hearn



I am so grateful to have found my calling in the field of Physical Medicine and Rehabilitation (PM&R). This specialty combines my love of anatomy with my passion for disability advocacy, all while getting to participate in a patient’s rehabilitation to help get them back to doing what they love. To me, nothing is more rewarding than helping a patient gain independence with the ability to walk or speak again after a life-altering setback with a brain injury, amputation, spinal cord injury, or some other ailment. This specialty is unique in that you serve patients in such a unique way by providing holistic, team-based care to improve a patient’s function and quality of life. The wide array of opportunities in PM&R is endless, including sports medicine, cancer rehabilitation, pediatric PM&R, adaptive sports, prosthetics & orthotics, and many more avenues. My advice to future residency applicants: discover an area in medicine that you find to be the most rewarding, where the type of care provided aligns with your values, and a field where you enjoy the bread and butter of your daily practice and won’t get tired of seeing the 100th chief complaint of “x” walking through your door!

## SPECIALTY SPOTLIGHT: Internal Medicine

### Sukhi Khurana

Internal medicine to me provides the perfect balance of continuity and acuity for the greatest variety of patients. It is exciting to think that patients with any chief complaint and long lists of comorbidities can be admitted to the internal medicine service, and that team is responsible for managing these patients throughout their course. I also appreciate how internal medicine will give me exposure to different subspecialties, so that I can further develop my interests and consider some of the numerous fellowship opportunities. Whether I decide that I want a procedural, inpatient-based role, or an outpatient practice, internal medicine gives me the opportunity to pursue my interests.

This year’s application cycle showed me how residency programs really take the time to review your application in its entirety. For this reason, make sure to emphasize your unique and diverse strengths! If you received great clinical scores or have extensive research, emphasize that in your personal statement. If you are interested in a certain program, even correlate how your strengths fit into the mission of that program. Ultimately, your application is an opportunity for you to put your best foot forward, and the right programs will notice the things that make you special.



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## MATCH DAY REFLECTIONS

BY: TANNER ELLSWORTH, MS4

Starting medical school four years ago, I never would have predicted that the Midwest would feature so heavily in my residency applications. But when my small family of three doubled in size during my third-year rotations, I quickly clipped both coasts and their higher costs of living from my list and zeroed in on the affordable housing in Tornado Alley. Dreams of temperate destinations and weekend trips to the beach quickly dissipated into stalking Zillow for low-cost three-bedroom homes with backyards.

As interviews drew closer, I pored over various rotation and call schedules, made spreadsheets of salaries and benefits, and compared program rankings and research output. Overall, my interview experiences clarified my priorities and left me hoping to match with a community both inside and outside of the hospital that could meet those needs. Like most applicants, I ultimately ranked based on program fit and geographic location over all other factors.

Priorities for each applicant are intensely personal. For me, my four young children brought to the top of my list a need for work-life balance. I looked closely at whether residents seemed happy. Did they have hobbies? Did they have children? Or, at the very least, dogs? On top of that, I considered logistical aspects that others might easily ignore: medical benefits for dependents, public school quality, and proximity of family members—oh, and have I mentioned affordable housing?

Other priorities fell into place as I picked up on slight differences between programs during my interview days. Because of my experiences with tutoring and plans to work in academic medicine, I paid attention to overall attitudes toward medical students and opportunities for medical education. Because I plan to pursue a fellowship program, I asked about associated fellowship programs, relationships between fellows and residents, and the likelihood of matching internally if I choose to stay for three more years. Finally, because of my experiences with public health, I enjoyed hearing about initiatives surrounding diversity and inclusion, involvement in the community, and advocacy opportunities built into traditional rotations.

Looking back at my initial Match Day experience as a first-year medical student, I remember palpable excitement as my peers matched into competitive specialties with distinguished institutions in exciting locales. Embarrassingly, I also remember feeling saddened for those who matched in places I deemed less exciting. But now, after touring (virtually!) and falling in love with many “less exciting” places, I understand how myopic that viewpoint was. Each match reflects personal priorities and tremendous dedication. Each match deserves celebration!

Today, I congratulate my peers as we celebrate our Match Day. This is a monumental step in our journeys to becoming physicians. As we finish rotations, commemorate graduation, and scatter to our new jobs, may we remember that the communities we create matter far more than the communities to which we matched. Just as we shaped our unforgettable four years at UACOM - Phoenix, I know we will continue cultivating positivity in our future residency programs—from coast to coast.



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## MATCH DAY REFLECTIONS

BY: MOHAMMAD KHAN, MS4



What a strange sort of journey these last four years have been at our school. I remember going for burgers with two of my best friends after the white coat ceremony and talking about what the future would bring.

Our first year feels so long ago. We drank deep of the fount of knowledge, and though at times it felt we were drowning, we endured. We took into our minds facts and figures, but always tried to remember to color medicine with humor; for it is one of the oldest forms of medicine, you know. The first year ended with PAL and an unforgettable trip to the Dominican Republic. Flying in, we experienced a different medicine, one colored by patience and the need to communicate. It turns out too, that games of soccer transcend cultural barriers. The second year was that of honing. Like metal unto the anvil, we had even more knowledge hammered into our minds. Step, by step, we moved with what we felt was glacial swiftness. There was much fear, there were many tears, but the beast was slain, and good tidings were had.

Switching into our third year, we transitioned to the wards and began another torrent of learning. We saw medicine in practice and began our transition towards clinical learning. The most important lessons are those we will carry in our hearts as stories. I will remember one patient who I saw while on my last hospital rotation. He was an elderly man who had recently received plasma exchange therapy for a vasculitis and had finally begun to improve medically over his protracted stay. I sat by his bedside over the weeks and was able to learn about his life, the situation he lived in and the social factors that led him to this moment in time. I knew he was in the hands of expert physicians, but I felt that sitting at the bedside, talking to a patient who is suffering from their condition and offering kind words and insight into his treatments, was the moment I knew that my dream of medicine would be realized. I talked to him about his brother, and the things he enjoyed doing that brought him happiness, like the trips he used to take. We connected him with the hospital chaplain, and when he was discharged, he knew he was surrounded by people who cared for him.

Despite all the dark days, the uplifting moments, and the changes in medicine, I am so proud to be a Wildcat in the class of 2021. Medicine sails in murky waters, but we will take command of the ship and head to the horizon. No matter the storms that buffet us, remember that dream that inspired us in the beginning. To sit at the bedside, hold the patient's hand, and say, with love in our hearts, "I am your physician, and I am here to help."



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## ALUMNI PERSPECTIVE: BEYOND THE MATCH

BY: MADALYN NELSON, MD

First of all let me say - CONGRATULATIONS!

You have made it to Match Day, which is arguably the most exciting day of medical school! You have triumphed over Step exams, overcome the rigors of the pre-clinical years and completed your clinical training in the midst of a global pandemic. Take time to congratulate yourself and breathe because before you know it, you'll be starting your intern year!

You have probably heard many different opinions about intern year. Yes, it can be tough for many reasons, but it is truly one of the most growth-producing and rewarding years. With most of my intern year behind me, I would like to share what I've learned in hope to give you something to think about and "words of wisdom" as you embark on your journey as a brand-new doctor!

Much of the beginning of intern year is about learning the systems. Learning how to place orders, admit and discharge patients, and learning how to interact in the hospital talking to nurses as the brand new doctor. I will admit that for me, there definitely was a sense of imposter syndrome, especially when talking to extremely experienced nurses or other mid-level providers. Don't worry! With each conversation and with time you will begin to feel more confident and comfortable introducing yourself as being "the doctor."

Even when you only have 1 day off a week, take time for yourself and your loved ones. Plan a meal to have with your spouse or significant other, and plan it early in the week so you have something to look forward to. Life doesn't stop for residency, but planning ahead can help to maximize the time you have off.

Forgive yourself. Forgive yourself for your small (and inevitable) mistakes, for being tired, for missing family or important events and for not calling your family as often as you should. What you do is hard, try not to make it harder by feeling guilty or frustrated with yourself.

Once you have the system down, you will really start learning the medicine. You will learn from each admit, clinic patient and procedure. My best advice for when things get tough is to try to approach each situation as a chance to learn, there are countless learning opportunities even outside of the medicine. That difficult patient - learn from them. The grateful mother whose baby you just delivered - learn from her. Patients are our best teachers and the most rewarding part of our jobs – when we're tired and stressed it can be easy to forget why we went into medicine in the first place!

While there are infinitely more things that you will learn as you embark on your intern year, know that UACOM-P has prepared you and given you an incredible starting point as a brand-new intern! Congratulations again Class of 2021, enjoy every second of Match Day and 4th year!



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## MATCH DAY REFLECTIONS

BY: PAREENA KAUR , MS4

### THIS IS IT

Behind the closed curtains  
These last four years  
We have grown  
Unlike ever before

From the joy and excitement  
Of White Coat  
To what sometimes felt  
Like a black hole

We have come so far  
Surpassed challenges  
Seemingly impossible  
From sleep-deprived days  
During the toughest of months  
To hitting submit on ERAS  
From the very first interview  
To the very last  
Coming up with a rank list  
For programs never visited in the past  
To the final moments  
Staring at the list  
It just feels right  
This is it

Match Day is finally here  
These last four years  
Flash before your eyes  
This is it  
This is it

5 minutes remain  
Then 3 2 1  
Heart pounding  
Internal screaming  
This  
Is  
It

The clock strikes the hour  
And alas you breathe  
A deep sigh  
This is it



It's done  
WE MATCHED  
Congratulations,  
Doctor!

But wait  
This isn't the end  
The friendships formed  
The skills learned

The knowledge gained  
These last four years  
Will stay with us  
For a lifetime

And in a few short months  
We will once again  
Become empty cups  
Ready to be filled up  
For what once seemed like  
Drinking from a fire hose  
Now feels like  
A refreshing splash  
On a hot summer day

Behind the closed curtains  
These last four years  
We have grown  
Unlike ever before

On the days  
Where we fall  
Our greatest strength  
Lies in rising  
Like the Phoenix  
That is in us all

Class of 2021  
This is it  
Best of luck,  
Doctors!



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## ADVICE ON INTERN YEAR:

### Treat Yourself

“Treat Yourself” may seem like a strange title for advice as you near the start of residency and a profession caring for others. Having worked with you over the last four years, I know you will listen to your patients with compassion; treat them with the latest evidence-based medicine; collaborate with your team for their best care; and treat those around you with kindness. Your faculty, peers, nurses, patients, families and staff all want the best for the patient. It’s ok to ask them for help. You won’t have the answers for every situation, but you do have the skills and knowledge to find them. So treat yourself with grace and patience as you continue to learn.

It’s no secret—residency will be one of the most physically and emotionally exhausting times of your life. Hopefully, it will also be a time you look back upon with fondness and gratitude.

As physicians, we understand and accept that we will sometimes miss holidays, birthdays, and weekends to care for our patients. Please also recognize there are irreplaceable moments you need to be with your family and loved ones. Having lost her grandmother while studying for a major exam, Alumna Kelsi Manley wisely encourages trainees to “catch the red eye, make the phone calls, go home when you need to” be there for yourself and family.

Treating yourself doesn’t need to cost a lot of money or take a lot of time. Little pleasures go a long way to maintain morale when working long hours. Below are some examples:

- ◇ Splurge for comfortable shoes. Your feet, knees, and back will appreciate it.
- ◇ Get a massage after a long week.
- ◇ Eat a home-cooked meal whenever possible, even if it’s your own cooking.
- ◇ Share your feelings with loved ones for support.
- ◇ Simple, but true- use the bathroom when you need it!
- ◇ Chris Bean, alumnus recommends:
  - On nights/24s, at least 1 trip with the team to the café for ice cream is mandatory.
  - Snacks/drinks that you love go a long way for morale on the 80 hour weeks.
  - Be kind. Even if you are not the best or smartest resident in the hospital, being kind means more than you can imagine.
- ◇ Call in sick when you are febrile/ill. You are all hopefully good at this after a year in a pandemic.
- ◇ Get a daily dose of sunshine- even if it’s just a walk around the hospital on long days.
- ◇ Shrav Sridhar, class of 2017, advises to not “compare yourself to your peers or seniors—compare yourself to the physician you want to be someday”.
- ◇ Grieve the patients you lose.
- ◇ Meet with a mental health provider- even if you don’t think you need it. There’s always something to gain/learn about being human in a high stress environment.
- ◇ Give gratitude to those around you. Happiness is contagious!
- ◇ Add your own ‘treats’ to this list that work for you!

My hope for all of you is that you will thrive in residency. You will be exhausted at times, and may feel emotionally drained. It’s hard for anyone that hasn’t gone through this to completely understand, which makes it all the more important to “treat yourself”. I am immensely proud of you and can’t wait to hear the great things you’ll be doing in residency. Please stay in touch.

Warmly, Dr. Kaib

*Susan Kaib, MD, FAAP, Associate Dean of Student Affairs, 2016-2020  
Associate Professor Family, Community and Preventive Medicine*



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## CLASS OF 2021 OATH

We, the University of Arizona College of Medicine - Phoenix Class of 2021 humbly promise to embody the values and fulfill the commitments of the following oath:

To my patients, I am here to be your advocate, to care for you holistically, and to respect your autonomy. I recognize the privilege of witnessing your vulnerability. I will be compassionate and never forget my responsibility to you. I acknowledge that my decisions go beyond clinical treatment and affect your families as well.

To my community, I will honor our diversity and practice inclusivity and respect, regardless of the different paths we walk. I vow to conduct myself with integrity, empathy, and humility as a leader and role model. I devote myself to challenging healthcare disparities through the unconditional care of the underprivileged.

To my colleagues, I will embrace collaboration and professionalism in order to deliver the highest quality of care. I recognize that medicine is not an isolated path. I benefit from those who came before me and accept the responsibility of educating those who come after me.

To my loved ones, I recognize your continued sacrifice as I pursue this profession. I am grateful for your encouragement, kindness, and understanding. May I continually reciprocate this love to you.

To myself, being a physician requires maintaining my well-being in order to care for my patients. I will recognize my own limitations and challenge myself as a lifelong learner. I will stay humble and promise to cultivate and sustain my wonder and curiosity.

It is our shared humanity that creates our value as physicians. Although no two of us are the same, there is zero difference in our mission. Together, we are one.



For more content, please visit our website at [www.thedifferentialdx.com](http://www.thedifferentialdx.com)



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